



Red Whale



Norfolk and Suffolk
Integrated Care Board

Your Urgent and On-The-Day Primary Care course

NHS Norfolk and Suffolk ICB are excited to offer you a fully funded place at the Red Whale Urgent and On-The-Day Primary Care full day online course. Watch live-hosted and on demand for 12 months.



Urgent and On-The-Day Primary Care course

Join one or both of our upcoming live online events.

[Click here](#) for more details.

7 October 2026 9.30am-5pm

29 January 2027 9.30am-5pm

The course is open to Advanced Clinical Practitioners, General Practice Nurses, Paramedics, Pharmacists, Physiotherapists, Physician Associates, First Contact Practitioners.

Please still book the course to watch it on demand as many times as you like for 12 months, even if you do not wish to attend the live online event.

Topics we'll cover

- An approach to fever in kids
- Cough in children - bronchiolitis, croup and viral wheeze
- Breathlessness - acute asthma and COPD exacerbation
- Ear issues - otitis media and externa; sudden hearing loss
- Sore throats
- Back pain - cauda equina syndrome and spinal cord compression
- Pain when walking - limp in children; gout; cellulitis
- Belly pain - ectopic pregnancy; acute scrotal pain; pelvic inflammatory disease
- Pain when peeing - all things UTI
- Eye issues - conjunctivitis; giant cell arteritis
- Rashes - chicken pox and shingles PEP
- Anaphylaxis and BLS update
- Venous thromboembolism (DVT & PE)
- Delirium
- Bites
- Fits and funny turns in children
- Diagnosis of diabetes in children
- Bacterial meningitis and meningococcal disease
- Dermatology with 'Spot the Rash'.

What to expect on the day

- **Learning for all styles** – varied and dynamic teaching.
- **Interaction** – ask questions and join live polls.
- **Flexibility** – watch live or on-demand for 12 months.

What you get

- 6 CPD hours.
- Downloadable certificate.
- 12 months access to Red Whale Knowledge.

Red Whale Knowledge

Our online library covering more than 96% of the RCGP curriculum:

- 900+ articles.
- Quick search feature for answers during consultations.
- Bookmark for later learning.
- Ready-made protocols (GEMS) for surgeries and PCNs.