

AUGUST

NEWSLETTER

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WELCOME

MESSAGE

Welcome to the Norfolk, Suffolk and North Essex Training Hub newly designed newsletter. We have made our communications more accessible, with the news **YOU** want to know in a way that is easier for you to access. Each edition will feature different content for our readers so you can stay up to date with the latest and greatest achievements and news from primary care in our region.

If you don't already know who we are, we are a team of multiple specialities who research, source and provide training and development opportunities for members of the primary care workforce in Norfolk, Suffolk and North Essex. We cover everything from courses in cytology and business administration to fellowships, apprenticeships and recruitment into primary care.

Our team aims to provide the workforce with the skills and opportunities they need to thrive in the primary care field and enable them to provide the best possible care for the public.

[Meet the Team](#)



TEAM NEWS



We welcomed Norfolk Fellow colleagues in April and we have been reviewing how we bring the best of Norfolk and Waveney and Suffolk and North Essex together to provide you with the best education, training and workforce support that we can!

The key to being efficient and effective is the [Training Hub Website](#) we update the site daily with news, resources, training events and team news! If you would like us to join your meetings to show you the website, how to register, pull off reports then please contact us.

[Primary Care Careers](#) joined the Training Hub in April 2026 offering free recruitment support to primary care across Norfolk, Suffolk and North Essex.

We hope you are keeping up to date with our regular updates via:-

[Training Hub Website Latest News](#) for all primary care colleagues

In case you have missed them here are some headlines: -

General Practice Training Needs Survey 2026/27 has been circulated via email to Practice and PCN Managers. Please complete with your clinical leads and include your whole team.

This information ensures the available funding is used effectively and the training programme meets your needs. There will be future opportunities to provide feedback and please contact the Training Hub at any time if you have specific training requests.

Look out for 2027 dates!



ROLE SPECIFIC NEWS/OPPORTUNITY

General Practitioners

Education Dermatology webinars will be available throughout 2026/27, providing opportunities to enhance clinical knowledge, improve diagnostic confidence, and support the management of common skin conditions within primary care.

Next Generation Programme supporting future GP leaders to build confidence, leadership skills, and professional networks.

Aspiring Educators Programme designed for GPs interested in becoming educators, supervisors, or trainers, providing guidance on teaching and mentorship skills. Contact the Quality team if you wish to find out more: nsicb.traininghubqualityteam@nhs.net

VR Insight Programme offers you access to 18 modules to support you and your team to develop skills and knowledge.

Nursing

Education and Training Nurses – A comprehensive programme of education and training opportunities is available for Nurses working in General Practice, covering a wide range of topics including vaccinations and immunisations, spirometry, respiratory and more!

Nursing Support is available for all stages of your career from preceptorships to student placements and Supervisor training available and our award winning **Inspire Programme**.

Professional Nursing Advocate - The Training Hub have 3 Professional Nurse advocates who are able to offer you a range of support.

Clinical Skills - The resource that helps you put best practice into practice! **Use this link to register for your account!**

Allied Health Professionals

A full range of **educational opportunities** is available for AHPs working within General Practice along with details of the roles which form part of the ARRS workforce.

Professional peer support WhatsApp groups link clinicians providing safe space to seek and share advice and guidance with colleagues. Fill in an EOI if would like to join: **EOI HERE**

ROLE SPECIFIC NEWS/OPPORTUNITY

Non-Clinical Staff & Practice Managers

A comprehensive Education and Training Programme for Practice Managers and other non-clinical staff is available!

The programme is designed to support the development of the knowledge, skills, and confidence needed to lead and manage effectively within primary care settings.

Training opportunities cover a variety of areas including leadership, HR and employment-related topics, finance and much more: [Click here to find out more!](#)

Health and Wellbeing

A wide range of health and wellbeing resources, support services, and development opportunities are available to all staff working in primary care.

These resources are designed to help individuals manage workplace pressures, improve wellbeing, build resilience, and access support when needed.

Health and Well Being is important for all staff a variety of resources are available via our website: [Health & Wellbeing](#)

Professional Coaching from Akeso

The Training Hub has funded coaching with Akeso Coaching Network.

Akeso offers confidential coaching and mentoring support.

[Find out more here!](#)



EVENTS AND TRAINING

Levelling-up Transgender, Non-binary & Gender Questioning Awareness Training

Join Levelling Up, a comprehensive training programme developed by The OutHouse. Gain practical knowledge, build confidence in inclusive communication, and learn how to improve access to healthcare and cancer screening for trans+ communities.

Diversity at the front desk

A workshop that aims to strengthen reception staff confidence, skills, and cultural competence when interacting with patients from diverse backgrounds.

Norfolk Leadership Programme

Designed to improve relationships across the system and build leadership capacity, whilst applying your learning to solve real life primary-secondary care interface issues.

HealthCare Professional Adult & Flu Immunisations Update

This annual update is a review of the theory and practice of immunisation for those healthcare professionals currently immunising or advising on immunisation in their workplace.

Conflict Resolution Training

Conflict resolution/de-escalation training sessions to reflect the increasing incidents of aggressive and violent behaviour from patients towards staff in primary care, both in-person and during telephone / digital interactions.

Active Bystander Training

This session helps staff across our community to challenge poor behaviours which may have become normalised over time. The session includes self-coaching techniques to help you keep a cool head when you're faced with a challenging situation and more